

East Haddam Senior Center June 2025

Monday	Tuesday	Wednesday	Thursday	Friday
2 8:15 Pilates 12:00 B.P. Clinic	3 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	4 8:15 Pilates 9:00 Casino 10:00 Coloring 1:00 Wii Bowling	5 9:00 Tai Chi 10:00 Knitting 10:30 Ex. Mtg. 10-12 Computer Help	6 8:15 Pilates 1:00 Game Day
9 8:15 Pilates 1:00 Club Mtg./ 1:30 Fraud/Scams	10 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/Crmwl 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	11 8:15 Pilates 10:00 Coloring 1:00 Wii Bowling	12 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help	13 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
16 8:15 Pilates 1:00 Movie	17 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	18 8:15 Pilates 10:00 Coloring 10:00 RED HATS 1:00 Wii Bowling	19 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 BINGO	20 8:15 Pilates 1:00 Game Day
23 8:15 Pilates	24 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/Glstonbry 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	25 8:15 Pilates 10:00 Coloring 11:00 Mystery Lunch 1:00 Wii Bowling	26 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 6:00 Night Bingo	27 8:15 Pilates 8:30 Cora Msg. 11:45 Brain Healthy Eating Prst. 1:00 Game Day
30 8:15 Pilates 1:00 Jam Session				PICNIC TIME Saturday, June 21 12:00p—2:00p