



East Haddam Senior Center

March 2025

Mon	Tue	Wed	Thu	Fri
3 8:15 Pilates 12:00 B.P. Clinic	4 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	5 8:15 Pilates 9:00 Casino 10:00 Coloring 1:00 Wii Bowling	6 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 10:30 Exec. Mtg.	7 8:15 Pilates 1:00 Game Day
10 8:15 Pilates 1:00 Club Mtg.	11 9:00 Tai Chi 9:00 Shopping/ Crmwl 9:00 Reiki 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	12 8:15 Pilates 9:00 AARP Taxes 10:00 Coloring 1:00 Corn Hole	13 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help	14 8:15 Pilates 1:00 Game Day
17 8:15 Pilates 12:00 St. Patty's Luncheon 	18 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	19 8:15 Pilates 8:15 Mystery Brkfst. 9:00 AARP Taxes 10:00 Coloring 1:00 Wii Bowling	20 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 BINGO 	21 8:15 Pilates 1:00 Game Day
24 8:15 Pilates 1:00 Movie <hr/> 31 8:15 Pilates 1:00 Jam Session	25 9:00 Tai Chi 9:00 Shopping/Norwich 9:00 Reiki 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	26 8:15 Pilates 9:00 AARP Taxes 10:00 Coloring 1:00 Corn Hole	27 9:00 Tai Chi 10:00 Knitting 10:30 COA Mtg. 10-12 Computer Help	28 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day