

# East Haddam Senior Center

## February 2025

Mon	Tue	Wed	Thu	Fri
<b>3</b> 8:15 Pilates 12:00 B.P. Clinic	<b>4</b> 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 1:00 Mah Jongg	<b>5</b> 8:15 Pilates 9:00 <b>Casino</b> 10:00 Coloring 1:00 Wii Bowling	<b>6</b> 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 10:30 Exec. Mtg.	<b>7</b> 8:15 Pilates 1:00 Game Day
<b>10</b> 8:15 Pilates 1:00 Club Mtg.	<b>11</b> 9:00 Tai Chi 9:00 <b>Shopping/ Crmwl</b> 9:00 Reiki 10:00 Quilting 10-12 Computer Help 1:00 Mah Jongg	<b>12</b> 8:15 Pilates 9:00 AARP Taxes 10:00 Coloring 11:00 <b>Mystery Lunch</b> 1:00 Corn Hole	<b>13</b> 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help	<b>14</b> 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day 1:30 Ice Cream Social  
<b>17</b> CLOSED !!! Presidents' Day	<b>18</b> 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 1:00 Mah Jongg	<b>19</b> 8:15 Pilates 9:00 AARP Taxes 10:00 Coloring 1:00 Wii Bowling	<b>20</b> 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 BINGO	<b>21</b> 8:15 Pilates 1:00 Game Day
<b>24</b> 8:15 Pilates 1:00 Jam Session	<b>25</b> 9:00 Tai Chi 9:00 <b>Shopping/Glstbry</b> 9:00 Reiki 10:00 Quilting 10-12 Computer Help 1:00 Mah Jongg	<b>26</b> 8:15 Pilates 9:00 AARP Taxes 10:00 Coloring 1:00 Corn Hole	<b>27</b> 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help	<b>28</b> 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day