


East Haddam Senior Center November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				1 8:15 Pilates 1:00 Game Day
4 8:15 Pilates 12:00 B.P. Clinic	5 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	6 8:15 Pilates 9:00 Casino 10:00 Coloring 12:30 AARP Driver Safety Class	7 9:00 Tai Chi 10:00 Knitting 10:30 Ex. Mtg. 10-12 Computer Help 12:45 Corn Hole W/ Unified Sports	8 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
11 CLOSED.....	12 9:00 Tai Chi 9:00 Shopping/ Crmwl. 9:00 Reiki 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	13 8:15 Pilates 10:00 Coloring 1:00 Wii Bowling	14 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:30 Blood Drive	15 8:15 Pilates 1:00 Game Day
18 8:15 Pilates 1:00 Photo Club 1:00 Movie	19 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg 1:30 Arts & Crafts	20 8:15 Pilates 9:00 Open Enrolmnt. 10:00 Coloring 11:00 Mystery Lunch 1:00 Corn Hole	21 9:00 Tai Chi 10:00 Knitting 10:30 COA Mtg. 10-12 Computer Help 1:00 BINGO	22 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
25 8:15 Pilates 1:00 Jam Session	26 9:00 Tai Chi 9:00 Shopping/ O.S. 9:00 Reiki 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	27 8:15 Pilates 9:00 Open Enrolmt. 10:00 Coloring 1:00 Wii Bowling	28 HAPPY THANKSGIVING! CLOSED....	29 CLOSED.....