

East Haddam Senior Center JULY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>8:15 Pilates 12:00 B.P. Clinic</p>	<p>4</p> <p style="text-align: center;">CLOSED !!</p> <p style="text-align: center; color: red;">Happy 4th of July....</p>	<p>5</p> <p>8:15 Pilates 9:00 Casino 10:00 Coloring</p>	<p>6</p> <p>9:00 Tai Chi 10:00 Knitting 10:30 Ex. Mtg 10-12 Computer Help 1:30 Corn Hole / Ladder Ball</p>	<p>7</p> <p>8:15 Pilates 1:00 Game Day</p>
<p>10</p> <p>8:15 Pilates 1:00 Club Mtg.</p>	<p>11</p> <p>9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ O.S. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p>12</p> <p>8:15 Pilates 10:00 Coloring 11:00 Mystery Lunch 1:30 Painting W/ Denny</p>	<p>13</p> <p>9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 BINGO</p>	<p>14</p> <p>8:15 Pilates 8:30 Cora Msg. 1:00 Game Day</p>
<p>17</p> <p>8:15 Pilates 1:00 Movie</p>	<p>18</p> <p>9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p>19</p> <p>8:15 Pilates 10:00 Red Hats 10:00 Coloring</p>	<p>20</p> <p>9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:30 Blood Drive</p>	<p>21</p> <p>8:15 Pilates 1:00 Game Day</p>
<p>24</p> <p>8:15 Pilates</p>	<p>25</p> <p>9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ Crmwel. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p>26</p> <p>8:15 Pilates 10:00 Coloring 1:30 Painting W/ Denny</p>	<p>27</p> <p>9:00 Tai Chi 10:00 Knitting 10:30 C.O.A. Mtg. 10-12 Computer Help 1:30 Corn Hole/ Ladder Ball 6:00p Night BINGO</p>	<p>28</p> <p>8:15 Pilates 8:30 Cora Msg. 1:00 Game Day</p>
<p>31</p> <p>8:15 Pilates 1:00 Jam Session</p>				