

East Haddam Senior Center May 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>8:15 Pilates 12:00 B.P. Clinic</p>	<p>2</p> <p>9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p>3</p> <p>8:15 Pilates 9:00 Casino 10:00 Coloring</p>	<p>4</p> <p>9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 10:30 Ex. Mtg. 1:30 Corn Hole/ Ladder Ball</p>	<p>5</p> <p>8:15 Pilates 1:00 Game Day</p>
<p>8</p> <p>8:15 Pilates 1:00 Club Mtg.</p>	<p>9</p> <p>9:00 Tai Chi 9:00 Reiki 9:00 Shopping/Cromwell 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p>10</p> <p>8:15 Pilates 10:00 Coloring 10:00 Red Hats 1:30 Painting W/ Denny</p>	<p>11</p> <p>9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:30 Arts & Crafts</p>	<p>12</p> <p>8:15 Pilates 8:30 Cora Msg. 10:00 Foot Dr. 1:00 Game Day</p>
<p>15</p> <p>8:15 Pilates 1:00 Movie</p>	<p>16</p> <p>9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p>17</p> <p>8:15 Pilates 10:00 Coloring 1:30 Corn Hole/ Ladder Ball</p>	<p>18</p> <p>9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 BINGO</p>	<p>19</p> <p>8:15 Pilates 1:00 Game Day</p>
<p>22</p> <p>8:15 Pilates 1:00 Jam Session</p>	<p>23</p> <p>9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ O.S. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p>24</p> <p>8:15 Pilates 10:00 Coloring 11:00 Mystery Lunch 1:30 Painting W/ Denny</p>	<p>25</p> <p>9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 10:30 COA Mtg. 1:30 BLOOD DRIVE</p>	<p>26</p> <p>8:15 Pilates 8:30 Cora Msg. 1:00 Game Day</p>
<p>29</p> <p style="text-align: center;">CLOSED!! Happy Memorial Day..</p>	<p>30</p> <p>9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg</p>	<p>31</p> <p>8:15 Pilates 10:00 Coloring 1:00 Ivoryton Plyhse.</p>		