

Includes Haddam News

East Haddam News

Local
Post

AN INDEPENDENT COMMUNITY NEWSPAPER COVERING MOODUS, LAKE HAYWARD, HADLYME AND EAST HADDAM

March 22, 2018

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Free weekly

CELEBRATING GIRL (SCOUT) POWER



On March 14, First Selectmen Emmett Lyman presented Girl Scouts from troops 62091 and 61148 with an official proclamation celebrating Girl Scout Day and the importance of leadership development for girls. The proclamation also celebrated the 106th anniversary of the founding of the Girl Scouts by Juliette Gordon Low in 1912. *Photo courtesy Linda Cambi.*

Photo courtesy Linda Cambi.

From the town Board of Finance

East Haddam budget: Terms you should know

The East Haddam Board of Finance (BoF) is responsible for the oversight and submittal of the Annual Town Budget to the citizens. The Annual Town Budget includes the Board of Education Budget and the Town Government Budget. The preparation of the Annual Town Budget is the result of a process that starts with a tri-board meeting of the Board of Finance, Board of Education and Board of Selectmen.

The process continues from the tri-board meeting with a series of meetings, workshops and public hearings.

The conclusion of the process is the budget referendum. One of the areas where The BoF believes it can help the budget development process be more effective is by helping to make sure that the discussions in the meetings, workshops and public hearings are

clear and understandable for the citizens in attendance. Consequently, the BoF has written a series of articles to be printed in the *East Haddam News*. The purpose of this series of articles is to explain the financial terms that are commonly used in the budget meetings. In this week's paper, we are starting the series with this article that explains the meaning of six financial terms. They are:

1. **Revenue**—Income from property taxes, local revenue (such as permit fees, license fees), specific town investment earnings, endowments, state and federal grants, etc.
2. **Expenditures**—Funds spent on services such as public safety and education, payroll, employee benefits, capital projects, etc.

Continued on page EH6

Occupants escape after pickup crashes into Machimoodus pond

By Barbi Batchelder

A report of a vehicle on its roof in a Machimoodus State Park pond Sunday, March 4, sent East Haddam police and fire departments and state DEEP Environmental Conservation (EnCon) Police to the Leesville Road scene, but investigation showed that both occupants had escaped safely.

The report came in at about 7:28 a.m. The park visitor who reported the incident was unsure at the time if the vehicle was still occupied.

As EnCon and local police tried to locate the driver using the 1987 Nissan pickup truck's license plate, fire personnel entered the water to verify that the truck was indeed unoccupied.

Police found that the driver, Michael Dorsey, 24, of Neptune Avenue, was at home and uninjured.

According to a report from DEEP, Dorsey and his passenger, 25-year-old Keith O'Briant of Leesville Road, had traveled through Sunrise State Park to the Machimoodus State Park by driving to the left of the gate and guardrail. They said the throttle became stuck, and the truck ended up going into the pond by the parking lot.

EnCon Police issued Dorsey infractions for simple trespass and vandalism. O'Briant was issued an infraction for simple trespass. No injuries were reported as a result of the incident.



Fire personnel ensure that a submerged pickup truck in a Machimoodus State Park pond March 4 was unoccupied. *Photo courtesy of the East Haddam Fire Department.*

In This Issue: L_x, EH3 • P_x, EH6 • O_x, EH7 • Calendar, EH9–10

Thursday Xtra!

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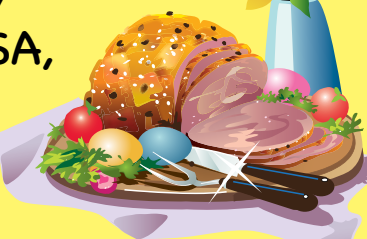
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SCHOOLS

Middle school vocal students perform before a packed house at music festival

Three Nathan Hale-Ray Middle School vocal students got the chance to perform to a thousand-strong crowd at the Eastern Region Music Festival March 9 and 10 at Connecticut College in New London.

Eight-grader Luca Di Stefano, seventh-grader Yianna Kariotis, and sixth-grader Katherine Grelotti joined talented vocal students from throughout eastern Connecticut, performing to a packed house at the college. They were chaperoned by Middle School Vocal Director Marisa Alfano, who had prepared them for the auditions and the festival.

Each year, the Connecticut Music Educators Association hosts auditions and music festivals in the four geographical regions of Connecticut. The eastern region — the biggest in Connecticut, with 68 school districts participating — auditioned hundreds of students in November. Those who achieved qualifying audition scores took part in the festival.

The two-day festival featured many performing groups, including a concert band, jazz band, orchestra and two choruses: treble choir and mixed choir. The three Hale-Ray students participated in both choruses.

After nine hours of rehearsal under the direction of Russell Hammond and Meredith Neumann, the 8-member treble choir and 133-member mixed choir performed to a full house at Connecticut College. Their challenging programs included musical styles from as far away as the Brazilian rain forest to as close as beautiful American folk songs. Both choirs



From left, Luca Di Stefano, Yianna Kariotis, and Katherine Grelotti performed to an audience of 1,000 at the Eastern Regional Music Festival March 9 and 10 in New London.

received standing ovations from the audience of more than 1,000. It was a memorable weekend and invaluable educational experience — one that Hale-Ray vocal students have participated in for the past 13 years.

Letters to the Editor

The *East Haddam News* publishes, at its discretion, letters to the editor on topics of local interest from a broad spectrum of viewpoints. Their opinions reflect the views of the writers, not that of this newspaper. Letters may be edited for grammar. They should be 300 words or fewer. To be considered for publication they must include the author's name, address and daytime phone number. Frequency of submissions from a single writer or group will be a factor in deciding whether to publish a letter.

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Car hits tree; two escape injury

By Barbi Batchelder

A collision with a tree seriously damaged a car Saturday afternoon, March 10, but left both driver and passenger uninjured.

Police said that while traveling south on Mott Lane near East Haddam-Colchester Turnpike that afternoon, Hannah Osborne, 20, of Joe Williams Road hit black ice on a curve and lost control of the 1999 Honda Accord, striking a tree.

The vehicle sustained disabling damage and had to be towed from the scene. Osborne and her passenger, 20-year-old Isaac Morales-Levest of Hampton Street, Hartford, were not injured in the crash.

Police issued Osborne an infraction for operating



Aftermath of a Mott Lane crash March 10. Photo courtesy of East Haddam Fire Department.

an unregistered motor vehicle and verbal warnings for making an improper turn and traveling too fast for conditions.

Two charged with larceny after restaurant complaint

Sarina Robare, 19, of Plains Road and Sage Fazzino, 18, of Neptune Avenue were both charged March 7 with sixth-degree larceny after a theft-of-services complaint at Deb's Restaurant, Saybrook Road, Higganum. Both are accused of leaving the restaurant without paying their lunch bill on March 5.

The two were released an promise to appear at Middlesex Superior Court on March 26.

Editor's Note: Police reports reflect ticketing or arrests, not convictions. Visit www.jud2.ct.gov/crdockets/SearchByDefDisp.aspx to learn the outcomes of criminal and motor vehicle arrests.

LEGAL NOTICE
SPECIAL TOWN MEETING
EAST HADDAM

The Electors and citizens of the Town of East Haddam, Connecticut qualified to vote in Town Meeting are hereby warned and notified that a Special Town Meeting will be held in the Town Meeting Hall on Town Street in the said Town of East Haddam at 8:00 p.m. on Wednesday, March 28, 2018 for the following purposes, to wit:

Item 1: To consider and act upon the recommendation of the Board of Selectmen to approve an ordinance entitled "Code Adoption Ordinance". Copies of said ordinance are on file in the Town Clerk's Office during normal business hours.

Item 2: To consider and act upon the recommendation of the Board of Finance to approve a transfer of \$4,409.68 from the General Fund (10549010-58928) to the Board of Education Capital Reserve Fund (3320-10506-25790).

Item 3: To consider and act upon the recommendation of the Board of Finance to transfer an amount not to exceed \$200,000 for the Education Reserve Fund (3320-10506-25790) to the Capital Project Fund for the purpose of removing an underground fuel oil tank at the East Haddam Elementary School (33250013-58926-C0147).

Dated at East Haddam, Connecticut
this 22nd day of March, 2018

Emmett J. Lyman
Susan C. Link
Robert R. Smith
Board of Selectmen

The Town of East Haddam shall endeavor to post its Legal Notices with the East Haddam News publication. In the event that the weekly publication cannot meet the Town's statutory requirements, the Hartford Courant shall be utilized to meet said statutory deadlines. Courtesy copies will be published to East Haddam News that may or may not be timely. The Town's website is: www.easthaddam.org.

TOWN CALENDAR

Thursday, March 22

10:30 a.m. Commission on Aging

7 p.m. Municipal Office Building Committee,
Municipal Office Complex, 1 Plains Rd.

Tuesday, March 27

7 p.m. Board of Finance budget workshop,
Municipal Office Complex, 1 Plains Rd.

7:15 p.m. Planning & Zoning Commission

Friday, March 30

Good Friday. Town office buildings, Senior Center, libraries and transfer station will be closed.



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For the LORD your God is God of gods and Lord of lords, the great, the mighty, and the awesome God, who is not partial and takes no bribe.

— DEUTERONOMY 10:17

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Wall of Honor scanning available
March 26–29 at locations in town

Local veterans can have their military service recognized on the Wall of Honor display in East Haddam's new Municipal Office Building. Local veterans, and family members of local veterans, can have in-uniform photographs copied and added to the display. Scanning of photos, slides or negatives will be available at these times and locations:

Monday, March 26, 9 a.m. to noon, at the East Haddam Senior Center, 15 Great Hillwood Rd.

Tuesday, March 27, 3 to 6 p.m., at the American Legion Post 156, Neptune Ave.

Wednesday, March 28, 3 to 6 p.m., at the East Haddam Free Public Library, 36 Plains Rd.

Thursday, March 29, 3 to 6 p.m., at the Rathbun Free Memorial Library, 18 Main St.

Include a brief military bio (branch, years of service, highest rank, occupation, duty stations, awards, etc.), which will be shown with the picture. Digital photos can be e-mailed directly to forrest.l.anderson@mac.com. For information call Forrest at 860-873-8712.

Ray of Light to hold wine tasting

"Cinco de Vino," a wine tasting, will be hosted by Ray of Light Farm, 232 Town St., on May 5 from 6 to 9 p.m. Tickets to this Cinco de Mayo themed event are \$35 and can be purchased at the door or online at rayoflightfarm.org.

The Locomotives will be providing music, and wines and beers will be provided for tastings by Shore Discount Liquor Store in Deep River. Local craft vendors will be on hand with jewelry, goat's milk soap, art, candles, bird houses and more. A silent auction will also be featured.

Ray of Light Farm, Inc. is a nonprofit animal sanctuary and animal-assisted therapy center committed to helping people make a positive connection with life through animals.

I-Park seeks volunteers to help
prepare campus for new season

I-Park, the local international artists-in-residence program, is seeking volunteers to get its East Haddam campus in order for a new residency season.

Those interested in lending a hand are encouraged to show up at 9 a.m. Saturday, March 31, for I-Park's first Volunteers Day of 2018. Participants will help with trail maintenance, gardening, and decommissioning site-responsive artworks that have outlived their useful lives. No technical expertise or feats of strength are required, just a willingness to spend a few hours working alongside like-minded arts lovers.

Volunteers will be served a complimentary lunch, after which work will continue until 3 p.m. for those who can stay. The event will be held rain or shine, and tools and gloves will be provided.

This event is recommended for anyone 14 and older. To help with food planning, volunteers are encouraged to register in advance at i-park.org. For questions, write events@i-park.org.

Additional Volunteers Days will be held May 12, September 7 and October 27.

Stage company auditions March 27

Auditions for the East Haddam Stage Company have been rescheduled to Tuesday, March 27, from 4 to 6 p.m. at the visitors center at Gillette Castle State Park, 67 River Rd East Haddam CT. EHSCo is looking for men and women, roles range in age from 20 to 60. Also looking for a male actor, Japanese, age range 40-55.

Prepare a monologue of your choice; you may be asked to read from script sides. Looking for men and women for four different projects for the 10th summer season of outdoor theater at Gillette Castle State Park.

All roles receive stipend. Call or write for an audition slot: info@EHSCO.org, 860-873-3521.

For sale

Youth western saddle, \$75. Two antique doors, 7 ft. x 30 in., \$50. **Antique corn shucker**, \$400. **Additional items**, make an offer. Call 860-873-9271 (p.m.). [C29]

Miscellaneous furniture and rugs for sale: Pine baby furniture set (two dressers, one trunk), \$75; **rocking chair**, free; **maple four-drawer dresser**, excellent condition, \$50; **bookcase**, \$20; **misc. pieces** — simple flat desk, storage nightstands, eight-cubby-hole Ikea white storage unit, lamps, scatter rugs, baby bedroom rug — name your price. 860-575-7149. [C22]

Wanted

Jazz and rock LP records. I have been a collector for 35 years. I do not resell. Call Mike at 860-573-8678. [D12]

Tell everyone in town about your sale items with a free classified ad. (East Haddam residents only; one entry per resident; maximum 100 words; not to be used for commercial purposes.) Email your ad to editor@easthaddamnews.org by end of day on the Wednesday *preceding* the week you want your notice to appear. It will run for four weeks, or until we're notified that the item has sold.

For personal injury, contact a local attorney handling claims for over 20 years and a law firm handling them since the 1950s.

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Elaine Muszynski
860-526-3249



Lyme \$999,000

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Haddam \$228,000

Spacious 4 BR, 4 bath Ranch! Features living rm w/high ceiling, built-ins & FP. Updated kitchen w/butcher block counter & dining area. Lower level w/walk-out to patio!

Elaine Muszynski
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Haddam \$398,000

Samuel Bailey House with updated antique charm & CT River views! Marble in kitchen & baths. Newer wood flrs, updated mechanicals & 3rd flr MBR suite w/walk-in closet, bath & balcony!

Nancy Carpentier
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Lyme \$225,000

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Limmy Evans
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East Haddam \$290,000

One level 2000 sq ft Stone Ranch! Features 3 BR, 2 remodeled full baths, sunken living rm w/FP & built-ins, eat-in kitchen, dining rm w/FP & 2 car garage. Newer furnace & hot water heater!

Limmy Evans
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East Haddam \$575,000

1840 Greek Revival in Moodus Center! Mixed use zoning for office(s), retail, residential & more. 3912 sq ft, kitchen & baths. Full basement, attic & 1 car garage. Also available for lease.

Nancy Carpentier
860-685-1189



East Haddam \$398,800

Stately Colonial w/4 BR & 3.5 baths on 4 acres! HW flrs, propane FP & granite kitchen. MBR w/walk-in closet & bath w/Jacuzzi. Partly finished walk-out basement & 3 car garage!

Elaine Muszynski
860-526-3249

Local resident performs on tour with college choir

Jake W. Lanning, son of Valerie Lanning of East Haddam, performed with the Hamilton College Choir and College Hill Singers on their spring break tour of Mid-Atlantic cities from March 11 to 15. Lanning is a first-year student at Hamilton.

The program, “Out of the Void and Into the Darkness,” is a musical exploration of pieces that speak to the journey of overcoming obstacles and

enduring hardship, all while embracing the beauty of life’s surroundings. The concert will feature Brahms’ *Zigeunerlieder*, Mozart’s *Te Deum*, and innovative works from the Philippines, India, and Hawaii.
Hamilton College is in Clinton, N.Y.

Honor rolls

Antonio Addario and **Tucker Perry**, both sophomores from Moodus, have earned high honors on the second marking period honor roll at University High School of Science and Engineering, a STEM and Early College

Model magnet high school in Hartford.

Leah M. Chasser of East Haddam and **Annabelle Newton** of Moodus achieved dean’s list recognition for the fall 2017 semester at Manchester Community College in Manchester, Conn. Full-time students enrolled in 12 credits or more, or part-time students who complete 12 or more credits of work, are eligible for the dean’s list with a GPA of 3.4 or higher.

Morganne Gilbert of East Haddam graduated from the University of New Hampshire in December. University

of New Hampshire is a public research university in Durham, N.H.

Bridget Haines of East Haddam, class of 2021, was placed on the Gettysburg College dean’s honor list for the fall 2017 semester. The list honors students whose semester averages were 3.6 or above. The college is in Gettysburg, Penn.

Hailey E. Priest of Moodus was named to the fall 2017 dean’s list at Three Rivers Community College in Norwich. She earned a 3.4 or higher grade-point average based on a minimum of 12 credit hours.

CONTINUED FROM PAGE EH1

Budget terms you should know

Continued from page EH1

3. **Budget**—A plan or schedule that adjust expenses during a certain time period to the estimated or fixed income for that period. A more detailed definition is also stated here — A budget is “a comprehensive plan, expressed in financial terms, by

which an operating program is effective for a given period of time. It includes estimates of: (a) the services, activities, and projects comprising the program; (b) the resultant expenditure requirements; and (c) the resources useable for their support.”


Source: *Handbook for Connecticut Boards of Finance*.

4. **Grand List**—The Grand List is the total amount of the assessed value of the taxable property in the Town. The Grand List is determined by assessing all of the taxable property in town (commercial, residential, utilities, etc.). The Grand List directly determines the amount of property tax revenue the town can collect. The revenue in the Annual Town Budget comes from many sources. However, “the property tax is the largest single source of local government revenue in the United States.” Source: *Handbook for Connecticut Boards of Finance*. The rest of the revenue comes from fees, state and federal grants, town investments, earnings, etc.

5. **Mill Rate**—The Grand Levy is the amount of tax revenue in the Annual Town Budget, which must be raised by the property tax. For a given fiscal year

the mill rate is expressed in mills as a ratio of the needed revenue to the total amount of the Grand List. A mill is one one-thousandth (1/1000) of a dollar. The mill rate is determined first by approving what the needed property tax revenue is going to be for a given year, then dividing the needed revenue by the total amount of the Grand List. The mill rate is used to determine the tax bill for a given property by multiplying the assessed value of that property by the mill rate. For example, the tax bill for a property assessed at \$100,000 with a mill rate of 28.52 mills would be 28.52 multiplied by \$100,000 and then divided by 1000 equals \$2,852.00.

6. **Revaluation**—A periodic program undertaken by a municipality in order to appraise all real property in terms of its full and fair market value by bringing all properties to 100 percent of their true market value and by the same standards. A revaluation program seeks to spread the tax burden equitably within the municipality by ensuring that all property owners pay their fair share of taxes based on the actual true market value of the property they own.



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The Apostle John, 1 John 4:9

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March 22, 2018

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‘Ripple effect’ of community partnerships

Every day someone makes a decision to help through a gift, and every day at the Community Foundation of Middlesex County we see the benefit of that gift. When taken together, these gifts spread throughout the community and create a broader impact through programs and services. We call it the “Ripple Effect of Community Partnerships.”

By pooling funds from like-minded donors to support a shared area of interest, we are able to have far greater impact on initiatives that improve the quality of life in our local community. We do this in the form of grant awards to our nonprofit partners, who work tirelessly to address specific needs across a broad spectrum of areas: the arts, animal welfare, education, human services, the environment, heritage enhancements, and much more.

One recent CFMC grant award illustrates the “Ripple Effect of Community Partnerships” in action. Vista Life Innovations is a full-service organization supporting individuals with developmental disabilities, including training programs that enhance independent life skills. Recognizing that more and more of everyday activities include an online component, Vista saw the need to provide Internet safety training to its clients. Learning the skills necessary to protect ourselves goes a long way in enjoying the Internet and protecting both our identity and our person, especially for our more vulnerable neighbors and friends. The Community Foundation awarded a grant to Vista to support the program. Thanks to the generosity of the Hanna and Gerhard Krauland

Fund, the Wiltsie Family Fund, and the River View Cemetery Fund, Vista is working with a local cybersecurity consultant to develop a specific training program for this population. The sessions will cover the dangers and risks involved with sharing information on the Internet while teaching best practices for safety and privacy protection.

The “Ripple Effect of Community Partnerships” did not stop with Vista and its clients. Realizing that community safety is a shared responsibility, after talking with the Community Foundation about its clients’ needs, Vista came up with a plan to share, to spread the impact, and create new community partnerships. Vista is continuing the “Ripple Effect of Community Partnerships” by inviting area organizations serving similar individuals to take part in some of the training sessions. We applaud their initiative to not only be proactive in addressing the needs of their clients but to also share a grant-funded program with individuals served by other organizations. It is the true essence of community partnership and a perfect example of how working together and leveraging resources can make a real difference in the lives of so many. You know that every gift – regardless of size – improves the quality of life in our community. You share the same desire to work in partnership to help our local community thrive, today and tomorrow, and we are honored to help you put your passions into action in Middlesex County. We invite you to learn more by calling us at 860-346-0025 or visiting us online at MiddlesexCountyCF.org.

SCREEN-FREE FUN



Friday, March 9, featured an “unplugged” night, with community businesses and organizations encouraging families turn off the electronic devices and reconnect with each other. Activities included bingo at the Grange (above), an ice-cream social at St. Stephen’s Church, board games at the East Haddam Free Public Library, and weekend restaurant specials. *Photo courtesy of East Haddam Local Prevention Council.*

DID YOU KNOW?

Did you know that ...

- The East Haddam Veterinary Clinic was started by Dr. Paul Urban in a log cabin just down the street from its current location at 105 Town St.?
- The East Haddam Veterinary Clinic was purchased by Dr Robert Olson in 2000 from Dr Ur-

ban and continues to be part of Pieper Veterinary on 730 Randolph Rd, Middletown?

- Dr. Lance McLean has been the only full time veterinary associate at the East Haddam Veterinary Clinic since October 2001?

East Haddam Veterinary Clinic: 860-873-8673

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LIBRARY CALENDAR

EHFPL: East Haddam Free Public Library, 18 Plains Rd., Moodus.

Rathbun: Rathbun Free Memorial Library, 36 Main St., East Haddam.

Thursday, March 22

10:30 a.m. Story Time, Rathbun.

Friday, March 23

6 to 8 p.m. Game Night: Werewolf Harry Potter Edition, EHFPL.

Monday, March 26

10:30 a.m. Story Time, Rathbun.

Wednesday, March 28

10:30 a.m. Baby Time, Rathbun.

3 p.m. Wall of Honor scanning workshop, EHFPL. Have your military service recognized on the Wall of Honor display in our new Municipal Office Building. Photos of yourself in uniform, and/or those of your (East Haddam resident) family can be scanned and added to our town's Wall of Honor presentation. Include a brief military bio (branch, years of service, highest rank, occupation, duty stations, awards, etc.), which will be shown with your picture.

6 to 8 p.m. Teen Write Club, EHFPL. Do you like to write? Come to the EHFPL to discuss ideas, get feedback on writing projects, and do fun writing exercises.

SENIOR CENTER ACTIVITIES

Thursday, March 22

9 a.m. Tai chi
10 a.m. Knitting
10 a.m. to noon. Computer help
1 p.m. Bingo

Friday, March 23

8:15 a.m. Pilates
1 p.m. Game day

Monday, March 26

8:15 a.m. Pilates
9:30 a.m. Yoga
1 p.m. Birthday movie

Tuesday, March 27

9 a.m. Tai chi
10 a.m. Quilting
10 a.m. to noon. Computer help
12:30 p.m. Mah jongg

Wednesday, March 28

8:15 a.m. Pilates
10 a.m. Coloring

Thursday, March 29

10:30 a.m. Story Time, Rathbun.

3 p.m. Wall of Honor scanning workshop, Rathbun. Have your military service recognized on the Wall of Honor display in our new Municipal Office Building. Photos of yourself in uniform, and/or those of your (East Haddam resident) family can be scanned and added to our town's Wall of Honor presentation. Include a brief military bio (branch, years of service, highest rank, occupation, duty stations, awards, etc.), which will be shown with your picture.

1 p.m. Bus leaves Senior Center for *The Fantasticks* at Ivoryton Playhouse.

Thursday, March 29

9 a.m. Tai chi
10 a.m. Knitting
10 a.m. to noon. Computer help
1:30 p.m. Easter egg hunt. Be a kid again and run, walk or skip to find eggs! **Please sign up in advance.**

Friday, March 30

Closed for Good Friday

SENIOR CENTER MENU

Thursday, March 22

Salisbury steak, twice-baked potato, primavera veggies.

Friday, March 23

Seafood salad, baked sweet potato, whole grain fruit bar.

Monday, March 26

Meat loaf with gravy, Spanish rice, carrots, frosted cake.

Tuesday, March 27

Tomato basil soup, mac and cheese, bread.

Wednesday, March 28

Stuffed pepper, shell pasta, green and yellow beans, wheat dinner roll.

Thursday, March 29

Herb crusted cod, mashed potatoes, roasted veggies.

Friday, March 30

Closed for Good Friday.



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CALENDAR OF EVENTS

Please send your calendar items to editor@easthaddamnews.org. We need to receive items by the end of the day on the Wednesday *preceding* the week you want your notice to appear.

Upcoming

Nature in Black & White, an exhibit of original artwork running March 30 through May 13 at Spectrum Gallery, 61 Main St., Centerbrook. A six-week show that highlights the detail and beauty found in nature when artists limit their palettes to grays, whites and black. For opening reception, see March 30 listing. For more information call 860-767-0742 or visit spectrumartgallery.org.

Thursday, March 22

6 p.m. Listening for God, St. Stephen's Church, 31 Main St. Participants will practice reclaiming attention, focusing, and learning to watch and listen for God in their lives and in the surrounding world. Information: www.ststeves.org/event/listening-for-god/.

Friday, March 23

6:30 p.m. Play: "Almost, Maine," Nathan Hale-Ray Middle School, 73 Clark Gates Rd. A series of loosely connected tales about love, each with a compelling couple at its center, each with its own touch of sorcery.

Saturday, March 24

9 a.m. Easter egg hunt, Westchester Congregational Church, 449 Westchester Rd., Colchester. Weather permitting. All are invited to bring their children, grandchildren, and Easter egg baskets to join in the fun.

10 a.m. to noon. March for Our Lives sister event, Two Wrasslin' Cats Coffee House, 374 Town St.



Wave, acrylic on canvas, by Andrea Marsiano, is one of the works on display starting March 30 at Spectrum Gallery in Centerbrook. See Upcoming and March 30 listings.

Speakers, music, vigil and support for our youth. Hosted by Together We Rise CT. For information or to preregister, call 860-873-1846.

5 to 7 p.m. Spaghetti Dinner, East Haddam Senior Center, 15 Great Hillwood Rd. Hosted by Troop 22 Boy Scouts and the senior center. Spaghetti dinner and dessert. Cost: \$10 for adults, \$7 for seniors and children 12 and under. Tickets at the door.

5 to 7 p.m. Annual Italian Dinner, Hadlyme Public Hall, 63 Ferry Rd. Doors open for serving between 5 and 7 p.m. Includes pasta, meatballs, tossed salad, bread and dessert. BYOB. Coffee and tea provided. Cost: \$14 for hall members, \$16 for nonmembers; age 7 to 12 half price; under 7 free. Pay at door. Fundraiser to support the preservation of Hadlyme Public Hall.

5:30 to 9 p.m. Contra Dance, Old Town Hall and Grange, 488 Town St. No experience or dance partner needed — come and have fun. Proceeds benefit East Haddam Farmers' Market. Tickets available at coldspringfarmtickets.yapsody.com.

6:30 p.m. Play: "Almost, Maine," Nathan Hale-Ray Middle School, 73 Clark Gates Rd. A series of loosely connected tales about love, each with a compelling couple at its center, each with its own touch of sorcery.

Sunday, March 25

9 a.m. to noon. Girl Scout cookie booth, Two Wrasslin' Cats Coffee House, 374 Town St. Purchase cookies for yourself or make a cookie donation to our local military or food bank. Available flavors are Thin Mints, Samoas, Tagalongs, Do-si-dos, Trefoils, Savannah Smiles, gluten-free Toffee-tastic, and S'mores.

9:15 to 9:45 a.m. Lenten Bible study on the Lord's Prayer, downstairs at Hadlyme Congregational Church, 47 Town St.

Continued on next page

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CALENDAR OF EVENTS

Continued from previous page

10 a.m. Palm Sunday service, Hadlyme Congregational Church, 47 Town St. Coffee hour to follow.

10 a.m. Palm Sunday worship, First Church of Christ, 499 Town St. With Rev. Milton Brasher-Cunningham.

10 a.m. Service with “Behold the Empty Tomb,” a narrated Easter cantata, Westchester Congregational Church, 449 Westchester Rd., Colchester. Following the service, the church’s third annual Bread Festival, offering different breads baked by members of the church, will be held during coffee hour. All who attend services are invited to join in.

2 to 4 p.m. Pysanky workshop, East Haddam Historical Society & Museum, 264 Town St. Learn to make beautifully decorated Easter eggs in this Ukrainian wax-resist style. Eggs and art supplies are provided. Cost: \$15 per person; all proceeds benefit the historical society. Workshop space is limited; preregister by calling 860-526-4645 or emailing mmhalpin@comcast.net.

5 to 6 p.m. Harvest House dinner. St. Stephen’s Parish Hall, 31 Main St. Information: www.ststeves.org/transform/harvest-house/

Tuesday, March 27

3:45 p.m. Connecting with Kindergarten, East Haddam Elementary School cafeteria, 45 Joe Williams Rd.

Activities for children. Meet kindergarten teachers and parents of other kindergartners. Snow date is March 28. RSVP to school office: 860-873-5076.

Wednesday, March 28

7 to 8:30 p.m. Stop the Bleed class, Company No. 1 Firehouse, 440 Town St. Learn how to control bleeding using pressure, hemostatic agents, and tourniquets. Open to all non-first responders; class limited to 20 people. Contact Steve Dorfman at stevedorf@comcast.net by March 22 to reserve a slot.

7 p.m. Celtic prayer service, St. Stephen’s Episcopal Church, 31 Main St. Open to the public; all are welcome. Lasts ½ hour. Quiet and meditative Wednesday prayer service offers an opportunity to sit and be still with God. Information: www.ststeves.org/event/celtic-prayer-service/.

Thursday, March 29

7 p.m. Maundy Thursday Service of Tenebrae and Communion, First Church of Christ, 499 Town St. With Rev. Milton Brasher-Cunningham.

8 p.m. Traditional Service of Tenebrae (The Deepening Shadows), Westchester Congregational Church, 449 Westchester Rd., Colchester. Special readings, music and the extinguishing of candles to remember Jesus’ night in Gethsemane, his arrest, trial and crucifixion. All are invited to attend.

Friday, March 30

No school for Good Friday holiday.

8 a.m. Good Friday Cross Walk. Starting at St. Bridget’s Church, 75 Moodus Leesville Rd., and ending at St. Stephen’s Church, 31 Main St.

6:30 p.m. Opening reception for Nature in Black & White, an exhibit of original artwork, Spectrum Gallery, 61 Main St., Centerbrook. New and original work by fine artists and artisans; wine, appetizers and desserts. Exhibit runs through May 13. For more information call 860-767-0742 or visit spectrumartgallery.org.

Saturday, March 31

9 a.m. to noon. Girl Scout cookie booth, Two Wrasslin’ Cats Coffee House, 374 Town St. Purchase cookies for yourself or make a cookie donation to our local military or food bank. Available flavors are Thin Mints, Samoas, Tagalongs, Do-si-dos, Trefoils, Savannah Smiles, gluten-free Toffee-tastic, and S’mores.

9 a.m. to 3 p.m. I-Park Volunteers Day, 428 Hopyard Rd. Volunteers needed to help with trail maintenance, gardening, and decommissioning site-responsive artworks at the art park’s campus. Information: visit i-park.org or write events@i-park.org.

6 p.m. Interfaith Community Pass-over Seder and Dinner, Congregation Ahavath Achim, 84 Lebanon Ave, Colchester. With Rabbi Ken Al-

ter, Pastor Ron of Westchester Congregational Church, and Rev. Lauren of the Federated Church. Those interested in attending should RSVP the synagogue office at 860-537-2809.

Sunday, April 1

6:45 a.m. Easter sunrise service, Gillette Castle, 67 River Rd. Breakfast to follow at Hadlyme Congregational Church, 47 Town St.

7 a.m. Easter sunrise service, Westchester Congregational Church, 449 Westchester Rd., Colchester. Weather permitting; in case of inclement weather the service will be held in the sanctuary. Immediately following will be a breakfast hosted by the deacons for all who attend. The traditional family-friendly Easter service will be at 10:00.

10 a.m. Easter Sunday service, Hadlyme Congregational Church, 47 Town St. Coffee hour to follow.

10 a.m. Easter Service Communion, First Church of Christ, 499 Town St. With Rev. Milton Brasher-Cunningham.

Harvest House closed for Easter.

Tuesday, April 3

2:30 to 5:30 p.m. First Church Clothing Bank open, lower level, First Church of Christ, Congregational, 499 Town St. Clothing is available to East Haddam residents at no cost. Donations of clean clothes in excellent condition are appreciated.

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Yay! It’s Spring!!!

Oh no, it’s spring!

How do you know if you have allergies?

If you always sneeze when you pet a cat or feel sniffly at the start of spring, you could have an allergy. But how do you know for sure? The best way to find out is to see your doctor or an allergist. They will ask about your medical history, do a physical exam, and run tests.

You can help your doctor give you the right diagnosis:

Make a list of your symptoms. Based on these, your doctor may be able to rule out other causes like a cold, virus, or other illness.

Track the timing. If you’re sneezing for a few weeks every few months, or if your symptoms are particularly bad in the morning, this may be another clue that you have allergies.

Note anything new. Are you using a new detergent? Did you change your skin care routine? Pay attention to any changes in your diet and lifestyle. They may help your doctor find what’s triggering your symptoms.

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